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TRUE inspiration

Be a fighter. Be confident and never give up. Don't let circumstances bring you down. Nothing stays the same. It gets better...

BY SARAH GOLDEN

True Survivors

Beverly Hills Medical Plaza Pharmacy Owner Rohini Goldstein is a breast cancer survivor; October is National Breast Cancer Awareness Month

In this article, Sarah Golden, associate editor of Shine On Hollywood Magazine, interviewed Rohini Goldstein at the Beverly Hills Medical Plaza pharmacy after her trip to Malaysia.

The conversation revolved around the inspiration and support that Rohini had to fight her battle against breast cancer, and Rohini discussed her positive attitude despite the obstacles she had to face during the process of Chemo-therapy. She talks about her appreciation to live life and be alive.

What motivated you to do this interview?

The reason I wanted to do the interview was to tell my story so others wouldn't feel alone. I lost my sister to breast cancer when she was in her 40's and at the same time I was battling the same thing I lost my sister to. During the time it was difficult having two kids of my own and trying to help my sister's two kids as well. I think that my story can reach a lot of people during their battle.



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Sister: Gita Loulite Pate

Being positive and wanting to live to see your children grow up was my motivation to fight my cancer.

What changes did you adapt to in everyday life?

The experience taught me not to take life for granted and to treat people with nothing but kindness and has gave me even more compassion for others. I feel connected to the people I help out at the pharmacy because I know what they are going through. I know how difficult battling

something can be. I'm more calm, giving and supportive.

What advice would you give to someone who is just learning that they have Breast Cancer?

My advice would to be positive and know that you are not alone there is always someone up there looking after us. Be a fighter. Be confident and never give up. Don't let circumstances bring you down. Nothing stays the same. It gets better.

What's next in this chapter of your life?

The next chapter in my life is to be there for others and be supportive for all my sick patients. I also want to enjoy every moment of my life. It's almost like reliving your life.

Where do you get your inspiration?

I would have to say that my inspiration comes from my family and friends they give me a reason to live and love. I wanted to live because of my two kids. My sister also supported me.

Looking back on your journey in dealing with Breast Cancer, what are your most memorable moments?

Having my breast removed as a woman took a lot out of me emotionally, physically and mentally. I have to say it was the most devastating, and that's when I realized I had to live each day at a time and not

to take anything for granted.

I understand that you lost your sister to Breast Cancer. How did you cope with that loss and stay strong through the process of treatment?

Working with other patients and being their support system helped me to cope with the loss of my sister. I almost feel like their battle is also my own and the only thing that you can do for someone in that situation is to be their biggest cheerleader to help them gain the strength and confidence that I had seeing my children and giving the hope and fight to hang in there.

You've already been a support to people as a pharmacist. How does it feel to be a support to people dealing with Breast Cancer?

Working in a pharmacy I know how expensive medications are so I work with the patients to make sure they get the medicine they need in order to help them get better and feel as if it is not just about business and more like I am taking care of my own family. I enjoy giving back to the community.

I understand you love to travel. How did it feel to go traveling after going through this process?

I feel very blessed and privileged to be able to see the world and enjoy other cultures and see all the beautiful things the world as to offer. I felt on top of the world. Like I said earlier never take life for granted and I am very blessed to be on this earth. ♣